



A STERLING FOODS COMPANY

Date: 07/1/13
Superseding: N/A

Product Specification

Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859

Buena Vista is a Peanut Free and Tree Nut free plant.

Product Information			
Product Name:	WG Sweet Potato Chocolate Chip Muffin, 4oz		
Item Number:	61350 IW		
USDA Meal Contribution/Formulation Statement:			
Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Whole Wheat	<i>Grain crediting Exhibit A: 2.0 oz eq.</i>	
Does product contain non-creditable grains?	No		
Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Whole Wheat Flour	20.36	16 g	1.2725
Enriched Wheat Flour	19.56	16 g	1.2225
Total Creditable Amount By Weight: 2.25 oz grain eq.			2.495
Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group D	Muffin	4 oz	2 oz
Whole Grain Grams per serving:	39.92		
Packaging			
Units per Case:	48 units/cs		
Case Cube:	1.05		
Case Gross Weight:	13 #		
Pallet Tie:	8x9		
UPC Case Code:	711341613506		

Ingredients:

Water, Whole Wheat Flour, Sugar, Enriched Wheat Flour, Sweet Potatoes, Canola Oil, Eggs, Chocolate Chips, Modified Food Starch, Whey, Baking Powder, Salt, Natural Flavor.

Nutritional Information:

Nutrition Facts	Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500
	Total Fat 10g		15%	Total Carbohydrate 60g	
Saturated Fat 2g		10%	Dietary Fiber 3g	12%	Total Fat Less than 65g 80g
Trans Fat 0g			Sugars 25g		Saturated Fat Less than 20g 25g
Cholesterol 30mg		10%	Protein 5g		Cholesterol Less than 300mg 300mg
Sodium 370mg		15%			Sodium Less than 2,400mg 2,400mg
Vitamin A 10% • Vitamin C 2%			Calcium 2% • Iron 15%		Total Carbohydrate 300g 375g
					Dietary Fiber 25g 30g
					Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Allergens: Egg, Wheat, Whey

Storage Requirements: Store Frozen at 0°F

Shelf Life: 12 months

Laura Trujillo, RD, SNS
President, Buena Vista Foods

Date: 7.1.13

Case Coding System Example:

Manufacture Date/ Julian Date/Year

MD/249/13