



A STERLING FOODS COMPANY

Date: 07/1/13
Superseding: N/A

Product Specification

Buena Vista Food Products, 823 W. 8th Street, Azusa, CA 91702 626.815.8859

Buena Vista is a Peanut Free and Tree Nut free plant.

Product Information	
Product Name:	WG Cranberry Oatmeal Bar, 2.4 oz IW
Item Number:	80215

USDA Meal Contribution/Formulation Statement:

Does product meet Whole Grain Rich criteria? (at least 50% or 1st ingredient?)	Yes, Rolled Oats	<i>Grain crediting Exhibit A: 1.0 oz eq. Fruit Credit-1/2 c.</i>	
Does product contain non-creditable grains?	No		
Description of Creditable Grain Ingredient?	Grams of Creditable Grain ingredient per Portion? (A)	Gram Standard of Creditable Grain per oz equivalent? (B)	Creditable Amount (A/B)
Rolled Oats	8.6703	16 g	0.5419
Whole Wheat Flour	5.6357	16 g	0.3522
Enrichd Wheat Flour	8.6703	16 g	0.5419
Total Creditable Amount By Weight: 1.25 grain oz eq.			1.44

Exhibit A: Group (A-I)	Description of Product	Portion Size of product as purchased (A)	Weight of one ounce equivalent as listed in SP-30-2012 (B)
Group E	Breakfast Bar	2.4 oz	2.4 oz
Whole Grain Grams per serving:	14.31		

Packaging

Units per Case:	96 units/cs IW
Case Cube:	0.74
Case Gross Weight:	13.19 lb
Pallet Tie:	10 x 9
UPC Case Code:	00711341802153

Ingredients:

Water, Rolled Oats, Cranberries, Enriched Wheat Flour, Brown Sugar, Apple Juice, Transfat Free Shortening, Whole Wheat Flour, Raisin, Sugar, Whey, Egg, Baking Powder, Spices, Salt.

Nutritional Information:

Nutrition Facts	Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*	*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500
	Serving Size (68g) Servings Per Container Calories 260 Calories from Fat 80	Total Fat 9g	14%	Total Carbohydrate 46g	
	Saturated Fat 1.5g	8%	Dietary Fiber 3g	12%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4
	Trans Fat 0g		Sugars 27g		
	Cholesterol 0mg	0%	Protein 3g		
	Sodium 105mg	4%			
	Vitamin A 0% • Vitamin C 0%		Calcium 4% • Iron 6%		

Allergens: Egg, Milk, Soy, Wheat

Storage Requirements: Store Frozen at 0°F

Shelf Life: 12 months

Laura Trujillo

Laura Trujillo, RD, SNS
President, Buena Vista Foods

Date: 7.1.13

Case Coding System Example:

Manufacture Date/ Julian Date/Year

MD/249/13